

BUDDHA MOON

BRAHMA NIRVANA

GANESHA

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12 PM

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Opening Ceremony with Katherine Chantal @ Buddha Moon
12:00 – 12:30

Spirit Dance & Sound Bath
ShirleyAnn Burgess & Jack Howard
12:30 – 2:00

Plain Ol' Yoga
Kimnadidi & Rachel Levine
2:00 – 3:00

Discover the Inner Dimensions of the
Self with Meditation & Pranayama
J Miles
2:30 – 4:00

Sound Bath
Katie Wells & Jack Howard
3:30 – 4:45

Bumblebee Yoga
Jennifer Hopper
3:00 – 4:15

Rhythm & Renewal
Mare Grinnan
4:30 – 5:30

Sound Flow + Sound Journey
Grace & Zen Within
5:30 – 6:45

Thai Yoga Massage
Ann – Marie Phillips
5:00 – 6:15

Phoenix Rising Mandala Flow
Jill Love Phoenix
6:30 – 7:45

HIIT DAT YIN
Cody Willets
7:30 – 9:15

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Red Tent Gathering: Opening
Maggi Blanche
4:00 – 5:00

Recovery Dharma
Andrew Alwood & Beth Feagan
6:00 – 7:00

Know Your Weeds Plant Walk
Ed & Maya Skopal
5:00 – 6:15



FRIDAY
September 4, 2026

	BUDDHA MOON	BRAHMA NIRVANA	GANESHA
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10	Done Finally Woke My Azz Up Dat Dude Johnny 9:00 - 10:30	Nada Yoga Sound Bath and Meditaton Sarah McCarthy & Jagadisha 8:00 - 9:15	Divine Mother's Yoga Darin Somma 9:00 - 10:30
11			
12 PM	Heart Medicine - What The World Needs NOW J Miles 11:30 - 1:00	The Harmonic Spine S.U.N. Sonic Universe Now 10:30 - 11:45	Classic Ashtanga Primary Series Jeff Tiebout 11:00 - 12:30
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2	I am Magnetic Erica Ballot - Willets 1:30 - 3:15	Flip Your World: Handstands & Inversions Kaelyn Rogers 12:30 - 1:45	Yoga and Maitrī: A Pilgrimage of Friendship Jason Clemons 1:00 - 2:15
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5	Science of Pranayama Dr. Sundar Balasubramanian 4:00 - 5:00	In This Together: Trust, Truth, & Embodied Connection Kat Harmon 2:30 - 4:00	Transformational Breathwork for Collective Healing Brielle Brasil 3:00 - 4:15
6			
7	Kundalini Awakening: Breath, Beat & Embodiment Aria Nyx & Druminyasa 6:00 - 7:00	Goddess Dance: Power from Within Katie Wells 4:30 - 5:45	Sister Circle: From Me to We, Being a Villager Leah Pegram 5:00 - 6:30
8	Thai Massage for the Nervous System Chittra Devi & Clayton Robinson 7:30 - 8:45	The Art of True Listening and Connecting Jesse Cassady 6:15 - 7:45	Rest and Recharge Shonda Austin 7:30 - 8:15
9			
10	Balls and Yoga Ann-Marie Phillips 9:15 - 10:15	Werewolves & Vampire Yoga Simulation Jason Clemons & Dr. Yay Keong Tan 8:30 - 9:45	Yin + Nidra for Inner Peace Andrew Alwood & Beth Feagan 9:00 - 10:15
11			
12 AM			

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Living Lightly: On Yoga and
Environmental Stewardship
Benjamin Grewal
9:00 - 10:00

A Ramble Up the Holler
Johnny Stowe
9:00 - 10:00

Hey Baby, What's Your Dosha?
Hannah Levin
10:00 - 11:45

Finding Your Voice
Jon Handelman
11:00 - 12:30

Yoga Beyond the Mat: Ethics
+ Leave No Trace
Jessy C
1:00 - 2:00

An Herbal Approach to Lyme Disease
Ed & Maya Skopal
3:00 - 4:00

Red Tent Gathering: Expanding
Maggi Blanche
4:00 - 5:00

Myofascial Meridians
Kelly Blevins
5:00 - 6:00

Forest Bathing Shinrin-Yoku
ShirleyAnn Burgess
4:30 - 6:00

Sit Down Comedy "Calmer Than You Are"
Gina Hart-Smith
6:30 - 7:45

Recovery Dharma
Andrew Alwood & Beth Feagan
6:00 - 7:00



SATURDAY
September 5, 2026

	BUDDHA MOON	BRAHMA NIRVANA	GANESHA
8		Mysore Open Yoga Group Led 8:00 – 9:15	Passage Meditation Joe Klein 8:00 – 9:00
9	Energize with Pranayama Dr. Sundar Balasubramanian 9:00 – 10:00		
10		Blue Ridge Altar Mountain Flower 10:00 – 11:00	Autumn Asana & Ayurveda Hannah Levin 9:30 – 10:45
11	Primal Freedom Flow Tara & Druminyasa 11:00 – 12:15		
12 PM		Interconnectedness of Humanity Gopi Kinnicut 11:30–1:00	Chakra Cleansing Meditation Erica Balogh–Willets NOON – 12:45
1	Yoga for Solidarity Danielle Stern 12:45 – 2:00		
2		Velvet Vinyasa Dat Dude Jonny & Druminyasa 1:30 – 3:00	The Neuroscience Behind Yoga & Meditation Mala Cunningham & Sita Aldrete 1:30 – 3:00
3	The Poetry of Yoga + Live Music Tara & Narayani 2:30 – 4:00		
4		AcroYOGA Flow Kaelyn Rogers 3:30 – 5:00	Calm Currents: Tides of Movement & Stillness Crista Rose Ellis 3:30 – 4:45
5	The Art of Giving & Recieving J Miles 4:30 – 6:00		
6		Energy Medicine and Yoga Cole LaFone 6:00–7:15	Your Mat is a Map: Yoga for Exploring Inner Wilderness Rebecca Storzbach 5:30 – 6:45
7			
8		Fun Flow & Live DJ Grace & Zen Within 8:00 – 9:30	The Art of Vulnerability: Eyes Closed Flow & Grateful Yin Jesse Cassady 7:15 – 9:00
9	Sacred Center Bellydance Leia Jones 9:00 – 10:15		
10		Ecstatic Dance Katie Wells 10:00 – 11:30	Grateful Dead Yoga Gina Hart–Smith 9:30 – 10:15
11			
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Silent Illumination -
The Inspiration to Sit
Sarah McCarthy & Jagadisha
9:00 - 10:00

Sahayindra EcoJourney
Johnny Stowe
9:00 - 10:00

Wild Edible &
Medicinal Plant Family ID
Ryley Harris
10:00 - 11:15

Sacred Herbal Traditons
and Cultivating The Self
Ed & Maya Skopal
11:00 - NOON

Guided Labrinth Walk
ShirleyAnn Burgess
11:00 - 11:45

Men's Circle
Jon Handelman
12:30 - 2:00

Unlocking Your Numerology Blueprint
Aria Nyx
1:00 - 2:00

ARS POETICA - The Art of Poetry
Katherine Chantal & Colleen Redman
2:30 - 3:45

The Mystical Science of Yoga
Darin Somma
4:15 - 5:15

Red Tent Gathering: Deepening
Maggi Blanche
4:00 - 5:00

Recovery Dharma
Andrew Alwood & Beth Feagan
6:00 - 7:00

Golden Hour Grounding:
An Orniththerapy Evening Walk
Salty Bird Wellness
6:00 - 7:30

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8

Mysore Open Yoga
Group Led
8:00 – 9:15

9

Gong Yoga
S.U.N. Sonic Universe Now
9:00 – 10:00

10

Wake n Shake
Kat Harmon
10:00 – 11:00

Nectar of the Heart
Leia Jones
9:30 – 11:00

11

Soulful Sunday
Mare Grinnan
11:00 – NOON

12 PM

Dance It Up!
Kimnadidi & Rachel Levine
NOON – 1:00

Nature Qi Gong and Taoist Meditation
Elisha Reygle
11:30 – 12:30

1

Weaving Goddess and Warrior Wisdom
Mountain Flower
12:30 – 1:30

2

Bhakti Vinyasa and Mantra
Narayani
1:30 – 3:00

Rest and Recharge
Shonda Austin
2:00 – 3:15

3

Dying - A Journey to Living and Loving
Gopi Kinnicutt
2:30 – 4:00

4

Somatic Poetry-Liberation
Through Movement
Marni Sclaroff
3:30 – 4:45

Sister Circle: Festival Reflections
Leah Pegram
4:00 – 5:15

5

Return to Rest: A Journey
Through the Elements
Sarah Hudson
5:00 – 6:30

6

Love the Skin You're YIN
Erin Sonn
6:00 – 7:15

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